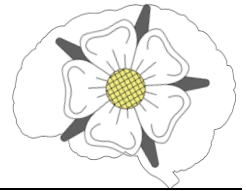


Supporting your Learning in Psychology



Exam Dates

Your GCSE Psychology Exams will be:

Paper 1: Cognition and behaviour – Monday, 10th May 2027

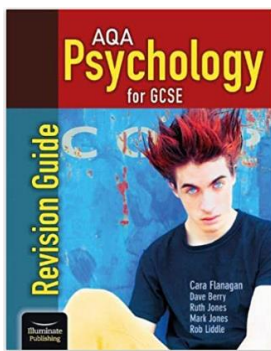
Paper 2: Social Context and Behaviour– Monday, 17th May 2027

You need to be able to:

- Demonstrate knowledge and understanding of psychological ideas, processes, procedures and theories
- Apply psychological knowledge and understanding
- Analyse and evaluate psychological ideas, processes and procedures and make judgements, draw conclusions based on your reasoning and synthesis of skills

Revision Guides

We recommend the following revision guide:



Websites

Seneca Learning: <https://app.senecalearning.com/classroom/course/4f8a423d-7b18-4cac-bbe0-b018864fae42>

Support in School

- Look up your past papers – have a go at answering some and bring them to your teachers
- Drop in revision sessions - pop to see your class teacher after school if you have a specific question
- SharePoint revision resources – revision sheets, revision mats, revision wheels

Top Tips

1. Know the Specification

- Use your checklist that are in your books
- Tick off content as you revise to make sure you don't miss anything.

2. Learn the Key Studies Properly

- You need to know **aim, method, results, conclusion** of each core study.
- Use mnemonics, flashcards, or quick summary sheets to help recall.

3. Practice Applying Knowledge

- AQA loves **application questions** (e.g. "Use your knowledge of memory to explain why X might forget...").
- Don't just memorise definitions—practice *using* them in different contexts.

4. Master Research Methods & Maths

- Around **25–30% of the marks** are research methods & maths skills.
- Make sure you can:
 - Interpret graphs and tables
 - Calculate percentages and averages (mean, median, mode)
 - Understand variables, sampling, and experimental design

5. Use PEEL for Extended Answers

- For 9-mark essays, structure answers using **PEEL**:
 - **Point** – make your argument
 - **Evidence** – use a study/theory
 - **Explain** – show how it supports the point
 - **Link** – connect back to the question

6. Practise Under Exam Conditions

- Do past papers and mark schemes (AQA website has lots).
- Time yourself so you get used to the pace—don't spend too long on short questions.

7. Learn the Command Words

- Words like "**describe**", "**explain**", "**evaluate**", and "**discuss**" all need different styles of answers.
- Examiners award marks based on how well you match the command word.

8. Revise Little & Often

- Psychology has lots of content—don't leave it all until the end.
- Use active recall (flashcards, quizzes, blurring) and spaced repetition.

My Psychology Revision Plan:

Date:	Focus:	Outcome:

7 th May	External Exams begin	