

Supporting your Learning in Food Preparation and Nutrition



Exam Dates

Your Food Preparation and Nutrition exams will be:

NEA Coursework: Thursday 25th March 2027

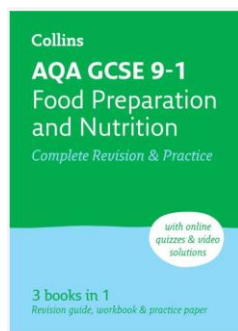
Exam Paper: Monday, 24th May 2027

You need to be able to:

- Demonstrate your knowledge and understanding of nutrition and apply this to different questions and scenarios.
- Demonstrate your knowledge and understanding of food science and apply this to different scenarios.
- Consider how food can have an impact on the environment and the wider world.

Revision Guides

We recommend the following revision guides:



These revision guides include the revision book, online quizzes and video solutions (explanations) to a variety of different questions.

These are available from Bromcom for £4.99, instead of the normal RRP of £10.99

Websites

Seneca Learning: <https://senecalearning.com/en-GB/>

BBC Bitesize

Food a fact of life quiz/ exam questions – www.foodafactoflife.org.uk/14-16-years/activity-packs-and-quizzes-14-16-years/quizzes-14-16-years/

Food a fact of life quiz knowledge organisers – www.foodafactoflife.org.uk/14-16-years/knowledge-organisers-14-16-years/

Top Tips

- Complete the revision clocks and one-page profiles for each of macronutrients and micronutrients
- Use the flash cards with key food science information and quiz yourself or get others to quiz you
- Complete practice exam questions or papers provided.

Support in School

- Complete the weekly activities and extended learning on Bromcom
- Use the information on Sharepoint: <https://john.taylor.highschool.sharepoint.com/sites/JTFS-LearningStudents/SitePages/Design%20Technology.aspx>
- Attend weekly Tuesday or Thursday coursework and revision sessions 3.15-4.15
- Complete practice exam questions or papers provided and bring them to your teacher for advice

My Food Preparation and Nutrition Revision Plan:

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