

# Supporting your Learning in Child Development

## Exam Dates

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Your Cambridge National Child Development exam will be:

**Unit R057: Health and well-being for child development**

**Written examination: 1 hour 15 minutes • 70 marks**

**Wednesday 19<sup>th</sup> May 2027**

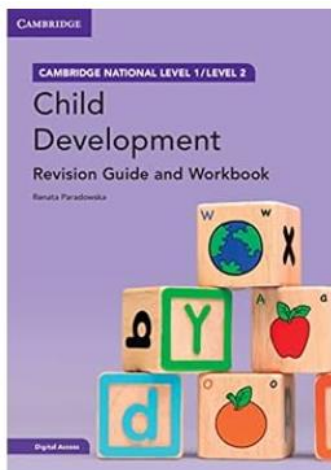
You need to be able to:

- Demonstrate knowledge and understanding of health and well-being for child development
- Apply your knowledge and understanding to child development scenarios and contexts
- Analyse information, explain impacts and make reasoned judgements in extended-response questions

## Revision Guides

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Use your class revision materials, specification checklist and OCR past papers/mark schemes.



## Websites

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OCR Child Development: use the OCR website for R057 past papers, mark schemes and candidate exemplars.

## Support in School

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- Use R057 past papers – answer questions independently, mark them and bring any questions to your teacher.
- Drop in revision sessions – pop to see your class teacher after school if you have a specific question
- Use SharePoint/class revision resources – knowledge organisers, revision sheets, quizzes and practice questions.

## Top Tips

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### 1. Know the R057 Content

- Use your R057 checklist and revise every topic.

- Tick off each area as you revise so that you do not miss any content.

## 2. Revise the Four Main Topic Areas

- Pre-conception health and reproduction
- Antenatal care and preparation for birth
- Postnatal checks, postnatal care
- Conditions for development; childhood illnesses and a child-safe environment.
- Use flashcards, mind maps and quick quizzes to recall key facts, stages, risks and recommendations.

## 3. Practise Applying Knowledge

- R057 questions often give a scenario. Highlight the details and apply your child development knowledge directly to that situation.
- Do not just memorise facts – practise explaining why advice, care or actions are important for a parent, baby or child.

## 4. Learn Key Facts and Processes

- Be secure on key processes and stages, including reproduction, antenatal care, labour and birth, postnatal care and childhood health.
- Make sure you can:
  - Recall accurate subject-specific vocabulary
  - Explain risks, benefits, signs, symptoms and actions
  - Sequence processes and stages accurately

## 5. Develop Extended Responses

- For longer questions, develop each point fully and keep linking your answer to the scenario or question.
  - Point – give a clear, relevant idea
  - Develop – add accurate child development knowledge
  - Explain – say why it matters or what the impact would be
  - Link – connect directly back to the question/context

## 6. Practise Under Exam Conditions

- Complete OCR R057 past papers and use the mark schemes and examiner reports.
- The paper is 1 hour 15 minutes for 70 marks, so practise working at an appropriate pace.

## 7. Learn the Command Words

- Be clear about what words such as "identify", "describe", "explain" and "discuss" require you to do.
- Match the depth of your answer to both the command word and the number of marks available.

## 8. Revise Little & Often

- R057 contains a wide range of detailed content, so avoid leaving revision until the end.
- Use active recall, flashcards, quizzes, blurting and spaced practice to strengthen long-term memory.

## My Child Development R057 Revision Plan:

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| Exam series | R057 written examination |  |