



# The BrBridge to Post-16 Summer Work



## PSYCHOLOGY AQA

This pack contains a programme of activities and resources to prepare you to embark on your Post-16 course in Psychology in September.

It should be completed throughout the remainder of the Summer term and over the Summer Holidays to ensure you are ready to start your course in September.

**You MUST have this pack completed before your first lesson in the subject**

The resources include:

1. Links to three websites where you can research the topics you will be exploring in the course and get a flavour of what you will be learning about in Post-16
2. Research task on key pre-knowledge topics that will help you to be successful in your course.
3. Other relevant revision/questions to help bridge between GCSE and Post-16 courses
4. Suggested therapies to help you if you are struggling with the tasks

Overall we suggest you spend around 3 hours of total work working through the tasks for Psychology.

Therefore in total, across your 3 subjects you should be completing 9 hours of Summer Work.

### Useful Websites

Use the websites below to find out about the A Level Psychology course. We are studying the AQA course.

[Psychology Hub - AQA Psychology A Level Guides & Resources](http://www.psychologyhub.co.uk)  
[www.psychologyhub.co.uk](http://www.psychologyhub.co.uk)

[Psychology | Psychology | tutor2u](http://www.tutor2u.net/psychology)  
[www.tutor2u.net/psychology](http://www.tutor2u.net/psychology)

[A-Level Psychology \(AQA\) Revision Notes - Simply Psychology](http://www.simplypsychology.org)  
[www.simplypsychology.org](http://www.simplypsychology.org)

### Research Task

#### How Did Psychology Become a Science?

Psychology has not always been considered a science. Over time, psychologists developed different ways of studying human behaviour and explaining why people think and act the way they do.

Your task is to research the origins of psychology and how different psychological approaches developed over time.

Research the following:

### **Wilhelm Wundt and Introspection**

Find out:

- Who was Wilhelm Wundt?
- Why is he known as the “father of psychology”?
- What was introspection?
- Why was Wundt important in making psychology scientific?
- One limitation of introspection

### **How psychology developed further**

- Pick three other approaches from the following list and explain how they further developed psychology
  - The Behaviourist Approach, The Social Learning Theory Approach, The Cognitive Approach, The Biological Approach, The Psychodynamic Approach, The Humanistic Approach

You may present your work however you like: Poster, PowerPoint, Booklet, Infographic, Timeline

Be creative — but make sure your information is clear and accurate.

## **Other Tasks**

Research methods is a key component of A Level Psychology. You will need to demonstrate mathematical knowledge during the A Level.

Your task is to produce a ‘How to guide for mathematical skills in Psychology’.

Include:

How to work out percentages

What a measure of central tendency is

How to work out a mean, median and mode

What a measure of dispersion is

How to work out the range

How to draw a bar chart

How to draw a histogram

How to draw a scattergraph

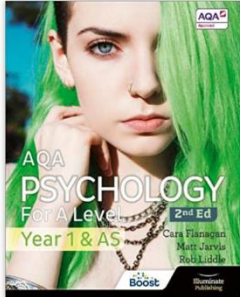
What a correlation and a correlation coefficient is

## **Suggestions if you are struggling**

If you are finding any of the tasks difficult have a look at the two accounts on YouTube that may help you. It would be a good idea to subscribe to these for reference throughout the two years.

- Miss Earle Psychology
- Psych Boost

Finally, we will be using this textbook in lessons. You may wish to purchase your own copy for use at home.



## AQA Psychology for A Level Year 1 & AS [🔗](#) Student Book: 2nd Edition Paperback – 7

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4.7 ★★★★★ 1,110 ratings

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