



The Bridge to Post-16 Summer Work



EARLY CHILDHOOD DEVELOPMENT BTEC NATIONAL (Extended Certificate)

This pack contains a programme of activities and resources to prepare you to embark on your Post-16 course in Early Childhood Development in September.

It should be completed throughout the remainder of the Summer term and over the Summer Holidays to ensure you are ready to start your course in September.

You MUST have this pack completed before your first lesson in the subject

The resources include:

1. Links to three websites where you can research the topics you will be exploring in the course and get a flavour of what you will be learning about in Post-16
2. Research task on key pre-knowledge topics that will help you to be successful in your course.
3. Other relevant revision/questions to help bridge between GCSE and Post-16 courses
4. Suggested therapies to help you if you are struggling with the tasks

Overall we suggest you spend around 3 hours of total work working through the tasks for Early Childhood Development

Therefore in total, across your 3 subjects you should be completing 9 hours of Summer Work.

Useful Websites

[Free Early Childhood Development resources | tutor2u](#)

[New Student Guide: AAQ BTEC National in Early Childhood Development | Blog | Early Childhood Development | tutor2u](#)

[Exam Clinic for Unit 2 Keeping Children Safe - AAQ BTEC National Early Childhood Development](#)

Research Task

Unit 3 Play and Learning This is a coursework task. You will need to know about the different types of play and how this can support the development of children.

For each type of play, write a summary and include some ideas, maybe pictures of activities that would be suitable for different age children.

1. Physical play – movement, gross and fine motor skills e.g. climbing, ball games.
2. Imaginative play – using imagination, role play, storytelling.
3. Sensory play – exploring using senses e.g. water, sand, textures.
4. Creative play – painting, drawing, music.
5. Construction play – building with blocks, Lego, junk modelling.

Unit 2 Keeping Children Safe This is an examined unit. You need to know about current legislation and guidance regarding protecting children whilst they are in your care. This is such an important part of the job when working with children.

Research each of the following and write a short summary.

1. Health and Safety at Work Act (1974)
 - Main law covering workplace health and safety.
 - Requires employers to: ✓ Protect health, safety and welfare of staff, children, visitors ✓ Carry out risk assessments ✓ Provide training and safe equipment
2. Food Safety & Hygiene (England) Regulations 2013
 - Safe food preparation, storage and handling
 - Prevents food poisoning through practices such as clean kitchens, correct storage temperatures
3. Control of Substances Hazardous to Health (COSHH) 2004
 - Dangerous substances e.g. cleaning fluids, medicines, must be: ✓ clearly labelled ✓ stored securely out of children's reach ✓ staff trained in safe use
4. Statutory Early Years Foundation Stage (EYFS) Framework – health & safety requirements
 - Environment: indoor and outdoor areas must be safe, clean, and age appropriate
 - Emergency procedures: regular fire drills, clear exits
 - Equipment: fire alarms, extinguishers, first aid kits must work properly
 - Hygiene: infection control measures (hand washing, nappy changing areas, cleaning routines)
 - First Aid: at least one qualified paediatric first aider must always be present

Other Tasks

Click on the following links and answer the short questions that appear at the bottom of the webpage.

[In the News Teaching Activity - School Readiness \(02 Feb 2026\) | Blog | Early Childhood Development | tutor2u](#)

[In the News Teaching Activity - Under 5s Screen Time \(09 Feb 2026\) | Blog | Early Childhood Development | tutor2u](#)

Suggestions if you are struggling

You might find the unit guides linked below useful.

[Early Childhood Development \(AAQ\) | Pearson qualifications](#)