



PSHCE Year 8

Aims:

1. Relationships (including different types and in different settings, including online)
2. A healthy (including physically, emotionally and socially), balanced lifestyle (including within relationships, work-life, exercise and rest, spending and saving and lifestyle choices)
3. Risk (identification, assessment and how to manage risk, rather than simply the avoidance of risk for self and others) and safety (including behaviour and strategies to employ in different settings, including online in an increasingly connected world)
4. Diversity and equality (in all its forms, with due regard to the protected characteristics set out in the Equality Act 2010)
5. Rights and citizenship (including the notion of universal human rights), responsibilities (including fairness and justice) and consent (in different contexts)
6. Power (how it is used and encountered in a variety of contexts including online; how it manifests through behaviours including bullying, persuasion, coercion and how it can be challenged or managed through negotiation and 'win-win' outcomes)
7. Careers (including enterprise, employability and economic understanding)

Content:

The provision of PSHCE ensures that skills are taught to equip our students for the opportunities and challenges of life. Students are encouraged to manage diverse relationships and the increasing influence of peers and the media. We aim for our students to be confident in addressing the challenges of effective learning and making a full and active contribution to society. Our students are becoming more independent, having greater responsibility on an individual level but also in developing responsibility for others.

Three core themes will be covered:

1. Health and Wellbeing
2. Relationships
3. Living in the wider world.

Curriculum Map

Year	Term	Curriculum	Assessment
	Term 1	What makes Britain Great? First aid and personal safety, focusing on road safety. The importance of health and hygiene British Values, rights, and responsibilities in the community. Tackling racism, sexism, ageism, disability, and religious discrimination, promoting human rights. Prevent delivery.	Self-assessment of unit objectives A2L grades
	Term 2	What keeps me healthy? Human rights, Managing loss, conflict, and abuse within relationships. Tackling transphobia, bi-phobia and homophobia. Community cohesion. Mental health and emotional wellbeing, including body image and eating disorders/self-harm. Breast and testicular cancer awareness and checking.	Self-assessment of unit objectives A2L grades

	Term 3	Who and what has changed? Positive sexual relationships. Introduction to contraception including condom and the pill. Peer on peer abuse. Forced marriage. Evaluating value for money in services. Risks and consequences making financial decisions	Self-assessment of unit objectives A2L grades
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Assessment:

Students will self and peer assess their own and each other's understanding of key topic areas. Teachers will provide students with A2L grade during whole school data captures.

Extended Learning:

Students will be encouraged to research topics studied in class to consolidate key knowledge and understanding so all learners can progress with confidence. Parents will receive key information relating to the needs of our students to help support them at home.

Connection to the JTFS Approach

Whole School Theme	How does PSHCE support this?
STRIPE	All units inherently develop the STRIPE skills. The topics are enquiry based with discussion and debate which enable all the key skills to be developed and strengthened over time. Students are consistently asked to be effective participators and contribute ideas to help solve problems that are debated in lessons.
STEAM	Links to careers within the STEAM subjects.
Literacy	Specific language is identified in glossaries specific to each unit. Students take part in lots of discussion and debate.
Numeracy	Graphs are used which develop use of number as well as links to budgeting.
SMSC, British Values and Citizenship	PSHCE encompasses specific lessons on the British values that are often referred to. SMSC is considered in every lesson and citizenship is both embedded throughout as well as having specific dedicated topics.