



Sports Leadership

Aims:

- Develop effective sports leadership skills
- Develop an understanding of the roles and responsibilities of an effective sports leader
- Develop an understanding of the range of leadership roles in sport, including coach, teacher, official and event organiser
- Know and understand how to lead effectively in different situation
- Be able to organise, plan and deliver a sports event.

Content:

This is a practical based course, but with some theoretical aspects of the course. The course is designed to develop generic leadership skills that can be applied to various sporting situations, and even to other scenarios away from sport. The leadership course is completed across two modules.

Curriculum Map

Year	Term	Curriculum	Assessment
9	Term 1	Students will focus upon the organisational skills required to be an effective leader and the factors to consider when planning & preparing a session. Students will focus on and develop the communication skills required to be an effective sports leader. Students will develop and use their own knowledge of the factors that affect healthy lifestyles in order to lead a small group through a session to improve fitness levels. They will be expected to lead fitness sessions and undertake a fitness plan to improve their own performance. Students will develop an understanding of the responsibilities of: teachers, coaches & sports leaders, competitors and officials, umpires & referees.	Students are assessed using the JTFS Sports Leadership assessment booklets – completed at regular intervals. Knowledge quizzes will be used to assess students' knowledge and understanding. Students will also use a range of self and peer assessment strategies including the use of technology.
	Term 2	Students will develop an understanding of the role of the official across a range of sports. Including: the official, rules & regulations, observation & interpretation of an official and undertaking the role of a referee, umpire or judge. Students will learn about the opportunities that are available within sport and recreation, Students will develop an understanding of the different types of sports events and how these are organised and structured. Including: how to organise, plan and deliver a sports event and roles and responsibilities of running sports events.	Students are assessed by their teacher through observation of their leadership in action, including supporting documentation via a portfolio of evidence to include evaluations of their own performance. Students will be expected to work in a team to plan, organise and deliver a sports event.
	Term 3	more competent leaders will be provided with opportunities to work with those younger than themselves. Each session will be supervised and a minimum of two different types of activities must be demonstrated. Sports Event: Students will work together to plan, organise, deliver and evaluate a sports event. This event could take the form of a House competition or event for a local primary school.	There will be an expectation that there is evidence of planning within the student's portfolio of evidence, alongside evaluations of their performance.



Assessment:

A range of assessment will be used, with final assessments coming from student’s completion of the leadership assessment booklet, providing a portfolio of evidence, alongside the student’s ability to lead individual sessions and work as part of a team to plan a sports event.

Extended Learning:

Students will be set a range of extended learning activities with a focus on developing their understanding of the topics covered across lessons. Students will also be expected to research, plan and evaluate their leadership activities.

Connection to the JTFS Approach:

Whole School Theme	How does Sports Leadership support this?
STRIPE	Students will be self-managers by taking responsibility for their PE kit and equipment and completion of extended learning tasks. Students will need to be team players in order to work effectively as part of a team when planning a sports event. Students will be required to be reflective of their own leadership performance and identify ways of improving in order to help build resilience. Students are encouraged to be innovative and creative when planning and delivering sessions, to think ‘outside of the box’ to deliver sessions that are engaging for all. Students will be expected to be effective participators by taking part in the range of activities delivered across the curriculum, and to act as positive role models at all times. Students will need to enquire about the best method to approach leading a particular skill and consider several ways of delivering. Students will develop their leadership skills throughout the course in order to successfully deliver sport specific training sessions and a sporting event.
STEAM	Specific activity related equipment used throughout the schemes of learning.
Literacy	Students are encouraged to use specialist language, defined and used regularly throughout all Schemes of Learning. Oracy will be a significant aspect of the course. Students will be expected to communicate effectively within different situations and will need to converse with authority but also with clarity and with ease of understanding.
Numeracy	Students will be encouraged to accurately: score, time keep, record distances and analyse performance data/statistics.
SMSC, British Values and Citizenship	Students will be encouraged to develop their self-knowledge, self-esteem and self-confidence. Distinguish right from wrong. Accept responsibility for their behaviour, show initiative, and to understand how they can contribute positively. Respect other people including leaders, teammates, opposition and officials. Understand how to deal with success and failure within the leadership environment.